



Kania Kennedy

Kania Kennedy is a native of Detroit, MI from a working class family focused on higher education. She received her elementary and middle school education from the Detroit Public Schools, including Alonzo W Bates Academy, and was awarded a full academic scholarship to University of Liggett School (ULS), where she received her high school education. After graduating Magna Cum Laude from ULS, Kania went on to attend Duke University and earned her Bachelor's of Science in Electrical & Computer Engineering.

While at Duke University, Kania was a columnist for The Chronicle, the campus paper, President of the Lambda Omega Chapter of Delta Sigma Theta Sorority, Inc, served in Duke Student government, was an officer in the Black Student Alliance (BSA), Vice President of the Duke Chapter of the National Society of Black Engineers (NSBE), and interned at General Motors Corporation.

After completing her education at Duke University, Kania began her career in Beauty, Health, & Fitness; she later worked in the non-profit sector where she discovered her desire to make a difference in the quality of people's lives. She started her entrepreneurial career in 2000 and published her first book, The S.M.A.R.T. Sista's Guide to College in 2010.

Currently, Kania is serving as CEO of Diva Dance, and working with groups and individuals as a coach, trainer, seminar leader, professional speaker, and workshop facilitator with her SMART Sista, TechnoDiva, & Diva Makeover projects. She has committed her life to empowering people in living lives they love. Kania works with women, teen girls, and small and emerging business owners in the areas of technology, wellness, self-love, living passionately and productivity.



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Kania Kennedy, is a graduate of Duke University with a Degree in Electrical & Computer Engineering, member of Delta Sigma Theta Sorority, Inc, and Business Owner. She has committed her life to empowering people in living lives they love!

She is a professional coach, trainer, speaker, workshop facilitator, & seminar leader. Kania works with women, teen girls, and small and emerging business owners in the areas of technology, wellness, self-love, and productivity.

General Topics

Dating Goal-Setting **Beauty**

Living Your Purpose Fitness

Finding Your Purpose **Well Being**

Sensuality **Joy** Fulfillment **Women**

Femininity **Blogging** SEO

Technology for Business

Talking Points & Workshop Topics

Youth/Young Adults

Surviving Freshman Year

Expanding on topics in her book The S.M.A.R.T. Sistas Guide to College, Kania shares with young collegiate women secrets, tips, and tricks to make the most out of their first year in college.

Campus Life: Dating, Studying, Partying, Safety

Transitioning from the confines of home life to freedom of collegiate life can be overwhelming for some students. Kania shares with college students how to find the balance to enjoy college and be responsible.

The “Hook Up”

What gets you ahead in life is not really what you know its WHO YOU KNOW. This workshop is designed to have participants learn the importance of networking and how to use their collegiate experience to build the relationships that will help them win in their academic, professional, AND personal lives.

More Youth/Young Adult Topics at www.TheSmartSista.com

Women

Single & Satisfied

How does a sexy, sensual, yet spiritual woman keep her wits about herself while dating and/or being celibate? Kania shares tips, strategies, and tools to avoid being desperate while manifesting the ideal partner or spending some time being single.

Intimacy: Connection & Communication

Intimacy, the feeling of being in a close personal association and belonging together. Genuine intimacy requires dialogue, transparency, vulnerability and reciprocity. Intimacy really means total life sharing. This talk is about taking relationships past the superficial or the physical and learning how to have trusting, secure, loving, relationships in which it is safe to be vulnerable and totally connected!

More Female centered topics at www.VirtousVixen.com

Small Businesses & Technology

Upgrade Business Basics

If you find yourself frustrated when you think about building or maintaining a website or when you hear terms like “cloud-based” computing, this is the workshop for you! Kania “TechnoDiva” Kennedy will take you step by step through the process of bringing your small or emerging business into the 21st century.

Topics Covered Include: Upgrading your image to look professional, essential tools to do business quickly and efficiently while on the go, Social Media Basics

Google Guru

Google has revolutionized how you are able to do business online as a small or emerging company. In this workshop you will learn how to optimize this POWERFUL and very affordable suite of products to create a professional appearance, connect with your target market, and “work smart, not hard.”!

More Business & Technology Topics at www.TechnoDivaTraining.com